

# Comox Valley Tennis Club Junior Program Registration

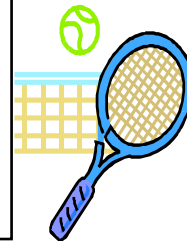
Please use 1 form per person:

Junior Program: \$35.00

Payment must accompany registration form: Cheq  Cash

1. Mail your application and cheque payable to Comox Valley Tennis Club, Box 3402 Courtenay, BC V9N 5N5 or

2. Bring your application to our sign-up and opening days.



Complete by printing clearly, please.

\* required fields

\*Last Name: \_\_\_\_\_ \*First Name: \_\_\_\_\_

\*Address: \_\_\_\_\_ \*City: \_\_\_\_\_ \*Postal: \_\_\_\_\_

\*Phone: \_\_\_\_\_ Cellular: \_\_\_\_\_ Email: \_\_\_\_\_

DOB (dd/mm/yy): \_\_\_\_\_ Gender: M  F  Tennis BC # \_\_\_\_\_

Level of Play: \_\_\_\_\_ Enter player level that best describes your current level of play from NTRP self-rating guidelines below.

*Waiver: Participants, as a condition of their registration, that for themselves, their executors, administrators, heirs and personal representatives, all claims of any kind, nature and description are waived, including past, present or future claims for injuries, if any, sustained in traveling to or from, or participation in the Comox Valley Tennis Club against the CVTC, its executive, members or volunteers, the City of Courtenay and the Town of Comox.*

Guardian's Signature: \_\_\_\_\_

2.5	<p><b>FOREHAND:</b> Form developing; prepared for moderately paced shots.</p> <p><b>BACKHAND:</b> Grip and preparation problems; often chooses to hit FH instead of BH.</p> <p><b>SERVE/RETURN OF SERVE:</b> Attempting a full swing; can get the ball in play at slow pace; inconsistent toss; can return slow paced serve.</p> <p><b>VOLLEY:</b> Uncomfortable at net especially on the BH side; frequently uses FH racket face on BH volleys.</p> <p><b>SPECIAL SHOTS:</b> Can lob intentionally but with little control; can make contact on overheads.</p> <p><b>PLAYING STYLE:</b> Can sustain a short rally of slow pace; weak court coverage; usually remains in the initial doubles position.</p>
3.0	<p><b>FOREHAND:</b> Fairly consistent with some directional intent; lacks depth control.</p> <p><b>BACKHAND:</b> Frequently prepared; starting to hit with fair consistency on moderate shots.</p> <p><b>SERVE/RETURN OF SERVE:</b> Developing rhythm; little consistency when trying for power; second serve is often considerably slower than first serve; can return serve with fair consistency.</p> <p><b>VOLLEY:</b> Consistent FH volley; inconsistent BH volley, has trouble with low and wide shots.</p> <p><b>SPECIAL SHOTS:</b> Can lob consistently on moderate shots.</p> <p><b>PLAYING STYLE:</b> Consistent on medium-paced shots; most common doubles formation is still one-up, one-back; approaches net when play dictates but weak in execution.</p>
3.5	<p><b>FOREHAND:</b> Good consistency and variety on moderate shots; good directional control; developing spin.</p> <p><b>BACKHAND:</b> Hitting with directional control on moderate shots; has difficulty on high or hard shots; returns difficult shot defensively.</p> <p><b>SERVE/RETURN OF SERVE:</b> Starting to serve with control and some power; developing spin; can return serve consistently with directional control on moderate shots.</p> <p><b>VOLLEY:</b> More aggressive net play; some ability to cover side shots; uses proper footwork; can direct FH volleys; controls BH volley but with little offense; difficulty in putting volleys away.</p> <p><b>SPECIAL SHOTS:</b> Consistent overhead on shots within reach; developing approach shots, drop shots; and half volleys; can place the return of most second serves.</p> <p><b>PLAYING STYLE:</b> Consistency on moderate shots with directional control; improved court coverage; looks for the opportunity to come to the net; developing teamwork in doubles.</p>
4.0	<p><b>FOREHAND:</b> Dependable; hits with depth and control on moderate shots; may try to hit too good a placement on a difficult shot.</p> <p><b>BACKHAND:</b> Player can direct the ball with consistency and depth on moderate shots; developing spin.</p> <p><b>SERVE/RETURN OF SERVE:</b> Places both first and second serves; frequent power on first serve; uses spin; dependable return of serve; can return with depth in singles and mix returns in doubles.</p> <p><b>VOLLEY:</b> Depth and control on FH volley; can direct BH volleys but usually lacks depth; developing wide and low volleys on both sides of the body.</p> <p><b>SPECIAL SHOTS:</b> Can put away easy overheads; can poach in doubles; follows aggressive shots to the net; beginning to finish point off; can hit to opponent's weaknesses; able to lob defensively on setups; dependable return of serve.</p> <p><b>PLAYING STYLE:</b> Dependable ground strokes with directional control and depth demonstrated on moderate shots; not yet playing good percentage tennis; teamwork in doubles is evident; rallies may still be lost due to impatience.</p>
4.5	<p><b>FOREHAND:</b> Very dependable; uses speed and spin effectively; controls depth well; tends to overhit on difficult shots; offensive on moderate shots.</p> <p><b>BACKHAND:</b> Can control direction and depth but may break down under pressure; can hit power on moderate shots.</p> <p><b>SERVE/RETURN OF SERVE:</b> Aggressive serving with limited double faults; uses power and spin; developing offense; on second serve frequently hits with good depth and placement; frequently hits aggressive service returns; can take pace off with moderate success in doubles.</p> <p><b>VOLLEY:</b> Can handle a mixed sequence of volleys; good footwork; has depth and directional control on BH; developing touch; most common error is still overhitting.</p> <p><b>SPECIAL SHOTS:</b> Approach shots hit with good depth and control; can consistently hit volleys and overheads to end the point; frequently hits aggressive service returns.</p> <p><b>PLAYING STYLE:</b> More intentional variety in game; is hitting with more pace; covers up weaknesses well; beginning to vary game plan according to opponent; aggressive net play is common in doubles; good anticipation; beginning to handle pace.</p>