



More than 100 tennis clubs across Canada will celebrate **National Club Day** to celebrate tennis, recognize some important people in our community who contribute to the growth of tennis and a healthy lifestyle through the 'Everyday Champions' program. What makes an Everyday Champion? These outstanding

individuals must embody the following traits to be nominated and considered for selection:

- ✓ Enjoy the healthy rewards of milk products.
- ✓ Display good sportsmanship.
- ✓ Display a positive attitude.
- ✓ Engage in and promote healthy, active lifestyles.
- ✓ Embrace and showcase the values of Tennis Canada & the Dairy Farmers of Canada.
- ✓ Embody volunteerism and community service.
- ✓ Strive for excellence on and off the tennis court.
- ✓ Embrace the values of fair play and honesty.

To nominate an everyday champion in our community, please send an email to: [everydaychamp@cvtennis.com](mailto:everydaychamp@cvtennis.com). Include the name of the nominee and a brief description of their contribution. Deadline for nominations is August 10th.

During our event, there will be organized activities while enjoying delicious, milk-based snacks. To help make our event a success, we need the following volunteers:

- Someone to take photos during the event.
- Committee to review and select the Champion(s) from the nominees.
- Kitchen helpers to prepare snacks.

IF YOU CAN HELP, PLEASE CONTACT [president@cvtennis.com](mailto:president@cvtennis.com)

For more information about the Everyday Champions program and to enter to win a trip for two to the 2011 Rogers Cup, visit

[www.tenniseveryday.com](http://www.tenniseveryday.com)